

# Auburn Recreation

## 2019 Fall Programs

September - January

[WWW.AUBURNRECREATION.COM](http://WWW.AUBURNRECREATION.COM)

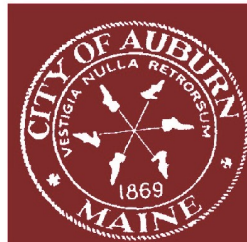
P: 207.333.6611

48 Pettengill Park Road  
Weekdays 8:00am – 4:30pm



Visit us on Facebook  
"Auburn Recreation Department - Maine"

CITY OF AUBURN



REC

DEPARTMENT

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## OFFICE HOURS

The Auburn Recreation Offices are open 8:00AM - 4:30PM Monday - Friday

## OUR TEAM

**Marc Gosselin**

**Executive Director, Community Partnership & Sports Tourism**

marc.gosselin@auburnmaine.gov | 207-333-6601 x1333

### **Sabrina Best**

**Recreation Director**

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### **Jeremy Gatcomb**

**Superintendent of Recreation & Ingersoll Turf Facilities**

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### **Rory Mushlin**

**Operations Manager of Norway Savings Bank Arena**

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### **Perry Morneau**

**Facility Supervisor of Norway Savings Bank Arena**

pmorneau@auburnmaine.gov | 207-713-4013

### **Robbie Berube**

**Ice Arena Maintenance**

rberube@auburnmaine.gov

### **Dawna Daigle**

**Recreation Specialist**

ddaigle@auburnmaine.gov | 207-333-6611

### **Heath Crocker**

**Recreation Specialist**

hcrocker@auburnmaine.gov | 207-333-6611

### **Mike Muise**

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### **Jennifer Banker**

**Executive Assistant**

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### **Darcey Webster**

**Office Manager**

auburnrec@auburnmaine.gov | 207-333-6611

### **Cy Wilikinson**

**Recreation Facility Maintenance**

cwilikinson@auburnmaine.gov | 207-333-6611

# **Our Mission:** To promote a healthy lifestyle through various recreational activities focused on enhancing the well being of all Auburn citizens.

**Registration:** Registration can occur either in person at the Recreation Department [Hasty Community Center 48 Pettengill Park Road] OR online at [www.auburnrecreation.com](http://www.auburnrecreation.com).

**Registration Process:** Pre-registration and pre-payment are required for all classes. Programs registrations are accepted in person, mail, online, or over the phone. Payment is expected prior to the start of the first class date. Individuals may register their own family and one other family for programs unless we have specified otherwise.

**Payment:** Full payment is required at the time of registration for classes \$40 and under. For programs \$41 - \$100, a minimum of 50% payment at the time of registration is required along with a signed payment plan. For programs \$101 or more there is a minimum \$50 payment at the time of registration required along with a signed payment plan.

**Payment Plan Policy:** Payment Plans are available for programs \$40 or more. These are 90 day payment plans and can only be set up in person, in the office. When an account with an outstanding balance doesn't show any payment past 90 days, it will be sent to collections. If you are on a payment plan and stop/miss a payment without communicating with us, we may deny or remove the participant from the activity. If you are on a payment plan and would like to register for a new program, your balance must be under \$200 before registration and new payment plan can occur.

**Non-Residents:** Participants who do not live in Auburn must pay an additional fee of \$10 per class. This includes senior citizen non-residents, unless otherwise specified.

**Confirmations:** We do not send course confirmations or reminders of enrollment. If you register for a program and do not receive a call from us, you have been accepted into the class and are responsible for knowing class dates, times, and location.

**Refunds:** If we cancel a class or special event, all fees will be refunded. If you withdraw 3 business days before the first class or one time event (excluding weekends & holidays), you will receive a full refund. If you withdraw fewer than 3 business days before the first class or one time event, you will receive a 50% refund. No refunds will be given if you cancel after the class or the one time event has taken place. If you are dissatisfied with a program after the first class of a session, you must let us know before the second class of the session. We will issue a 50% refund at this time. No refunds will be given

after the second class of a session. Refunds take about 14-21 days to process. We do not provide cash refunds. If injury occurs to a participant that prevents the participant from continuing in a class, you may request a pro-rated refund of the activity fee.

**Trip Refund:** If Auburn Recreation cancels a trip we will refund all fees to the participant. If the participant notifies us 3 or more business days before the scheduled trip we will issue a full refund unless otherwise noted in the brochure. If the participant notifies us fewer than 3 business days before the scheduled trip we will issue a 50% refund. No refunds will be given the day of the trip or after the trip is held.

**Inclusion:** Auburn Recreation provides reasonable accommodations to qualified individuals with disabilities. In order to accommodate your needs a request must be made at least 10 days prior to the first day of the program.

**Discounts:** Auburn Recreation does NOT offer a senior discount, sibling discount, or family discount for classes as we attempt to make the classes as low and affordable as possible.

**Building Use Priority:** Auburn Recreation's facilities will follow the building use priority list when it comes to scheduling and renting out facilities:

1. Recreation Programs (priority will be given to programs and activities that are designed for a specific area i.e. basketball in the gym will take priority over a group meeting). These programs are 100% organized and ran through the Recreation Department. Example; Youth Football, Adult Slow Pitch League, Senior Trip.
2. Co-Sponsored Programs are any programs that are organized and programmed at least 50% through the Recreation Department and 50% with an instructor, organization, or local team where the funds and registrations are being collected by the Recreation Dept. Also in this category will be any City Sponsored Dept. program. Examples include Challenger Soccer, Line Dancing, LA Swish, RAD with the Auburn Police Dept.
3. Any local (Auburn area) community group, organization, team looking to rent the facility and is not offered through the Recreation Dept. Example would be Margaret Murphy Center, Local Home School group, LAYSA, Babe Ruth, Legion Baseball.
4. Any other external group, organization, or team that are looking to rent the facility for a NON-COMPETING activity or program. The Recreation Director will have the final decision on determining what is considered a competing and non-competing program.

# YOUTH SPORTS

## Junior Eddies Basketball Clinic

Join us for an exciting new 6wk basketball clinic geared towards getting your athlete prepped for winter basketball. Youth athletes will be coached by Edward Little Basketball Players and Coaches, working on defense, shooting and 3 on 3 game skills. Athletes will be group together according to what grade they are in – we are hopeful to break down groups into boys / girls depending on numbers! *Min: 20 / Max: 60*

**Day(s):** Sunday Mornings

**Dates:** Oct. 20<sup>th</sup> – Nov. 24<sup>th</sup>

**Time:**

- ◆ 1<sup>st</sup> & 2<sup>nd</sup> Grade: 9:00-10:00am
- ◆ 3<sup>rd</sup> & 4<sup>th</sup> Grade: 10:15-11:30am
- ◆ 5<sup>th</sup> & 6<sup>th</sup> Grade: 11:30-12:45pm

**Location:** Edward Little High School Gym

*\*Nov. 4th class held at Hasty Center Gymnasium*

**Cost:** \$50 (t-shirt included)

**Coordinators:**

Darcey Webster & Dawna Daigle

## Auburn Invaders

Auburn Invaders ASA Softball Organization will be holding tryouts for all future 2020 travel softball teams. We are looking to put

together teams in the following age groups; u10 u12 u14 u16. Girl's will be expected to commit to at least 4 tournaments over the summer along with early Sunday morning winter practices starting in October in Ingersoll and fundraising.

**Cost:**

Returner - \$250.00 (already have uniform)

New (need uniform) - \$300.00

Non-Resident Fee - \$25.00

**Coordinator:** Darcey Webster



## Pitching with PK

The Auburn Recreation

Department and Ingersoll Turf

Arena have teamed up with the

Kirsten Pelletier again to offer

group pitching lessons. Kirsten is a

2016 graduate of Messalonskee

High School, where she was

named Maine State Gatorade

Player of the Year, Morning Sentinel Player of the Year, and

KVAC Player of the Year. At Bates College over the past 3

years KP has worked up 348 strikeouts in 68 games played with

a total ERA of 2.22. KP will be doing a 6-week instructional

group lesson to pitchers of all talent ranges. *Maximum of 4*

*Pitches in each session*



**Dates & Time:** To Be Announced by Sept. 13th

**Location:** Pettengill Park Softball Field & Ingersoll Turf (rain location)

**Cost:** \$180

◆ **Beginners: Back to Basics**

\*For Pitchers looking to learn mechanics of throwing strikes.

◆ **Intermediate: Speed & Location**

\*For Pitcher's who have mastered the mechanics and are looking to dial in on locations and increasing your arm speed.

◆ **Experienced: Spins & Pitch Selection**

\*For Pitcher's who need to learn different spin pitches and when to throw them to hitters.

**Coordinator:** Darcey Webster

## Little Eddies Fall Soccer

Players will be introduced to the basic techniques of soccer in a fun and positive environment. Emphasis will be on learning through fun games and small sided play. Each participant will receive their own soccer t-shirt.

**Dates:** September 7<sup>th</sup>-October 12<sup>th</sup>

**Day:** Saturdays

**Time(s):**

- ◆ Ages 3-5: 9:00-10am
- ◆ Ages 6-10: 10:15-11:15am.

**Location:** Lower Pettengill Park (Baseball Field)

**Cost:** \$55 Auburn residents, \$65 Non-residents

**Head Coach:** Jess Morin

**Coordinator:** Mike Muise

# YOUTH SPORTS

## Hit Camp II

Mary Collette is a two year starter for the Bates College Division III Softball Team. She's competed in the NESCAC conference, the strongest and most competitive in the country. Mary is a two-time All New England Class A player at The Taft School, one of the most dominant Prep softball programs in the Northeast.



### Clinic Information:

3 week session, 2 class per week (6 classes total)

**Dates:** Weekday evenings (TBD by 9/6)

### Times:

- ◆ 4<sup>th</sup> Grade & Under: 5:30 – 6:30 PM
- ◆ 5<sup>th</sup> Grade & Up: 6:45 – 7:45 PM

**Location:** Ingersoll Turf Facility

**Cost:** \$70

**Coordinator:** Darcey Webster

## Auburn Rec Football Cheering

Auburn Rec has decided to bring back football cheering! This season we will be offering Football Cheerleading for 3rd -8<sup>th</sup> grade . Rec Coaches will lead your child through a practice including; dynamic warm-up/stretch, jumps, stunts, and sideline cheers! Cheerleaders will cheer at 3rd-8<sup>th</sup> games.

**Ages:** 3rd - 8th Grade

**Day(s):** Wednesday & Saturday

**Start Date:** August 28th

**Time:** 6:00 - 7:30 PM

**Location:** Pettengill Park/Hasty Community Center

**Cost:** \$70 (t-shirt and shorts included)  
\$10 non-resident fee

**Coordinator:** Dawna Daigle



### ONLINE PROGRAM REGISTRATION

You can register for most of our programs ONLINE!

Visit [www.auburnrecreation.com](http://www.auburnrecreation.com)

Or stop by our office located at  
48 Pettengill Park, Auburn Maine  
Office Hours 8:00am to 4:30pm

## Auburn Wreckers Cheerleading

Join head coach Crystal Kirk as she guides our teams through jumps, tumbles, and cheers as we prepare for the upcoming competition season. Age groups vary based on ability, and we will make sure each athlete is in a position where they will be able to succeed and grow as a cheerleader!



### Competition Divisions:

- ◆ Rising Division: K-2nd Grade
- ◆ Shooting Division: 2nd-4th Grade
- ◆ Shining Division: 4th-6th Grade
- ◆ NEW! 7th & 8th Grade

**Start Date:** Will be announced later this fall

**Day/Time:** 3 practices per week 1.5 hours-2 hours (MANDATORY) Practice and competition days will be announced later this Fall.

**Location:** Pettengill Park/Hasty Community Center

### Cost:

- ◆ Early Bird July 24th -Sept 30th \$150  
(\$10 Non-Resident Fee)
- ◆ Regular October 1st-  
November 1st \$175  
(\$10 Non-Resident Fee)

**Coordinator:** Dawna Daigle



## Ingersoll Indoor Softball

Ingersoll Turf Facility is excited to announce our third year of our Indoor Softball program. Player evaluations will be done by qualified evaluators to place every girl on a team that will be created as equal as possible. This indoor league is geared towards girls who are looking to get in to the swing of softball before their spring/summer season.

**Registration:** Early Bird for Last Year's Players: 9/23-10/13. Open Reg. 10/14 until division are full.

**Age Groups:** 8u, 10u, 12u, 14-16u

**Cost:** 8u \$60/\$70 Non-Resident  
10-16u \$75/\$85 Non- Resident

**Player Evaluation & Practice:** 12/7 & 12/14

Games Start: 1/04/2020 – Saturdays beginning at 2:00pm  
League Ends: 3/21/2020

**Volunteer Coaches Needed**

**Coordinator:** Darcey Webster

# YOUTH SPORTS

## Auburn Rec Coed Flag Football



Auburn Rec would like to welcome back Flag Football as an In-House League! Coaches will teach your children the basics of football. Parents meetings will be held by coaches on the first day of practice. Coaches will reach out to you about team details by September 13th.

### Start Date:

Week of September 16th

### Date/Time:

- ◆ Practice: 2 days a week for 1 hour (typically after 5:15 PM)
- ◆ Games: Saturdays between 9:00 AM - 12:00 PM

**Ages:** K - 4th Grade (3rd & 4th Graders must be less than 80 lbs and have not played before)

### Location:

- ◆ Practice: Auburn Suburban or Cleveland Field
- ◆ Games: Pettengill Park

**Cost:** \$50

**Coordinator:** Dawna Daigle



## Little Eddies Basketball

This class is for 3-6-year old's that are brand new to basketball! The 1-hour clinic will be based on the basketball skills and drills (they will not be on teams). The 6 weeks of practice will go over dribbling, passing, shooting, and the basic rules of the game. Our instructors rely on parent help to make sure the hour runs smoothly so be prepared to play alongside your little one!



### Dates:

Saturdays, February 15th - March 14th

### Ages/Times:

- ◆ Ages 3 - 4 yrs old: 9:00 - 9:45 AM
- ◆ Ages 5 - 6 yrs old: 10:00 - 11:00 AM

**Location:** Hasty Community Center Gym

**Cost:** \$40

**Coordinator:** Dawna Daigle

## Auburn Rec Basketball

This is a developmental youth basketball program that places participation, skill development, and sportsmanship above points scored. The measure of success in this program is how much a player has improved from the beginning of the season to the end. Teams of up to ten players are formed in each division of play. A volunteer head coach and assistants instruct players in all aspects of the game under the supervision of the Rec Department.



**Date:** Season runs late November - early February

- ◆ Practices start week of December 1st
- ◆ Games starting December 7th & 8th

**Location:** Evals at Hasty Community Center Gym

### Cost:

- ◆ Early Bird: 1st-6th Grade \$55, Regular Registration \$65
- ◆ Early Bird: 7th-12th Grade \$60, Regular Registration \$70

\* \$10 Non Resident Fee

### Evaluation:

1st & 2nd – NO EVALUATIONS

### Monday, November 11th Boys & Girls

3rd-4th Grade: 5:30 -6:30 PM

5th- 6th Grade: 6:30 -7:30 PM

### Tuesday, November 12th Boys & Girls

7th-8th Grade: 6:00 -7:00 PM

### Friday, November 22nd Boys & Girls

9th-10th Grade: 5:30 - 6:30 PM

11th-12th Grade: 6:45 - 7:45 PM

**Coordinator:** Dawna Daigle



# YOUTH PROGRAMMING

## Family Open Gym

**Date:** Wednesdays

**Time:** 12:00 - 4:00 PM

**Cost:** \$1 for Auburn Students, \$25 for unlimited



## Middle School/High School Open Gym

**Dates:** Tuesday & Thursday

**Time:** 2:00 - 4:00 PM

**Cost:** \$1 for Auburn Students, \$25 for unlimited

- ◆ NO Open Gym during school vacation (Please call before showing up on holidays)
- ◆ Non- Residents that play Auburn Rec Basketball may go to open gym (Nov-Feb ONLY)

**Coordinator:** Dawna Daigle

## Kindness Rocks — Rock Painting Class



Join the one day Kindness Rocks class and learn to paint rocks to give as gifts, have as a keepsake or hide for a stranger to find. The Kindness Rocks movement encourages everyone to share one kind message or picture and it can change someone's day or even life. Auburn Parks and the Auburn Public Library are great locations to hide your rock for your neighbor to discover. No artistic experience required. Materials will be provided.

**Dates:** Saturday, November 16th

**Time:** 10:00 - 11:30 AM

**Location:** Hasty Community Center

**Cost:** \$10 for Auburn residents, \$12 for non-residents

**Coordinator:** Haley Warden

## December Vacation Camp

December Camp will be run similar to our Summer Camp program- 45 minute blocks of activities. This camp is only open to 40 participants, so sign up today!

**Dates:**

- ◆ Monday, December 23rd
- ◆ Thursday, December 26th
- ◆ Friday, December 27th
- ◆ Monday, December 30th

**Time:** 7:00 AM - 5:30 PM

**Location:** Pettengill Park/Hasty Community Center

**Cost:** \$75 Auburn Residents, \$10 non-resident fee

**Coordinator:** Dawna Daigle



# YOUTH PROGRAMMING

## High School Early Release Opportunities

Looking for something to do on Early Release Days, check out the discounts for EL Students on the following dates:

- ◆ October 2nd
- ◆ November 6th
- ◆ December 4th
- ◆ January 8th
- ◆ February 5th
- ◆ March 4th
- ◆ April 1st

## Basketball Open Gym

**Location:** Hasty Community Center Gym

**Cost:** \$1.00

**Time:** 12:00pm-4:00pm

### EL Students ONLY

*\*Basketball Open Gym for grades 7-12th from 2:00-4:30pm on Mondays, Tuesdays, Thursdays throughout the school year. \$1 per day, \$5 punch passes and \$25 year pass available.*

## Open Turf

**Location:** Ingersoll Turf Facility

**Cost:** \$3.00

**Time:** 12:00pm-2:00pm

### EL Students ONLY

*\*Field will be divided to offer two sports (football, lacrosse, soccer, field hockey, wiffleball)*

### ONLINE PROGRAM REGISTRATION

You can register for most of our programs ONLINE!

Visit [www.auburnrecreation.com](http://www.auburnrecreation.com)

Or stop by our office located at  
48 Pettengill Park, Auburn Maine  
Office Hours 8:00am to 4:30pm

## Open Skate (No Hockey)

**Location:** Norway Savings Bank Arena

**Cost:** FREE (skate rentals are \$5.00)

**Time:** 11:00am-2:00pm (Public Skate from 11:00am-1:00pm)

**Discount for EL students ONLY (Must show School ID to receive discount)**

*\*Public Skate in September occurs Mon/Wed/Fri from 11:00am-1:00pm for \$5 (skate rentals are additional \$5).*

*For More Information on Monthly Events and Calendar changes please contact:*

*Auburn Recreation Department 333-6611*

*Norway Savings Bank Arena 333-6688*



# ADULT SPORTS

## Adult Basketball Leagues

### Men's A League (Fastbreak)

Offers a full high school rule experience, with fast breaks and full court defense allowed. For players 18+ This season we will be allowing teams from all over the state to come play as we continue to grow the league to one of the largest in the state. This is a 10 week season plus playoffs.

**Day(s):** Sundays

**Dates:** Nov 18th - Mid March

**Game Times:** 4:00 -10:00 PM (varies)

**Location:** Hasty Community Center Gymnasium

**Cost:** \$825 per team 18+ with no residency requirements.

### Men's B League (Slowdown)

Offers a slowdown experience for our older but experienced group of players. This league does not allow fast breaks and does not allow any full court defense. Players must be 30+ with no residency required. This is a 10 week season plus playoffs.

**Day(s):** Monday & Tuesdays

**Dates:** Nov 19th/20th - Mid March

**Game Times:** 7:45 - 10:00 PM (varies)

**Location:** Hasty Community Center Gymnasium

**Cost:** \$750 per team 30+ with no residency requirements.

### Men's C League (Slowdown)

Offers a slowdown basketball experience for our mature group of players or less skilled. This league does not allow any fast break or full court defense. Players must be 35+ and there is no residency requirement. This is a 10 week season plus playoffs.

**Day(s):** Wednesdays

**Dates:** Nov 21st - Mid March

**Game Times:** 6:30 -10:00 PM

**Location:** Hasty Community Center Gymnasium

**Cost:** \$750 per team 35+ with no residency requirements.

### Women's League (Slowdown)

Offers a slowdown basketball experience for women of all ages. This league does not allow any fast breaks or full court defense. Players must be 18+ and there is no residency requirement. This is a 10 week season plus playoffs.

**Day(s):** Thursdays

**Dates:** Nov 29th - Mid March

**Game Times:** 6:30 - 10:00 PM

**Location:** Hasty Community Center Gymnasium

**Cost:** \$725 per team 30+ with no residency requirements.

### Coed League (Slowdown)

Offers a slowdown basketball experience for men and women of all ages. 3 men and 2 women on court. Players must be 18+ and there is no residency requirement. Length of season depends on number of teams.

**Day(s):** Thursdays

**Dates:** September 12th - November

**Game Times:** 4:00 -10:00 PM (varies)

**Location:** Hasty Community Center Gymnasium

**Cost:** \$475 per team 18+ with no residency requirements.

### Basketball Leagues Coordinator:

Heath Crocker



# ADULT SPORTS



**Calling all  
SENIORS!**

## WALK WITH AUBURN RECREATION!

Join us **Tuesdays & Thursdays**  
at **Ingersoll Turf Facility** from 9:00 to 10:00 a.m. Cost: \$1 per person

Walk on the rubberized turf at Ingersoll for beneficial, low impact exercise. One hour equals approximately 2.5 miles! **Have some fun & get fit!**

For information, contact Mike Muise at Auburn Rec, 333-6601 X2110



## Walking in Ingersoll

**Date:** September 3<sup>rd</sup> -May 28<sup>th</sup>

**Day(s):** Tuesdays and Thursday

**Time:** 9:00am-10:00am

**Location:** Ingersoll Turf Facility

**Cost:** \$1 Per Person

**Coordinator:** Mike Muise

## Adult Co-Ed Soccer

### A-League

**Session 1:** September 19<sup>th</sup>-November 7<sup>th</sup>

**Day:** Thursday nights

**Location:** Ingersoll Turf Facility

**Cost:** \$825 per team

### B-League

**Session 1:** September 17<sup>th</sup>-November 5<sup>th</sup>

**Day:** Tuesday nights

**Location:** Ingersoll Turf Facility

**Cost:** \$825 per team

**Coordinator:** Mike Muise

## High School Soccer League

### Boys League

**Session 1:** November 10<sup>th</sup>- December 29<sup>th</sup>

**Day:** Sunday afternoons/evenings

Be on the Look Out for These  
Future Programs in Ingersoll

- ◆ Men's Soccer League
- ◆ Women's Soccer League

## Pickleball

Pickleball has grown so fast we can hardly keep up! This indoor program allows adults to come down and play a game that is best described as human ping pong! This program is welcoming new players all the time, be sure to come down and check it out!

**Date:** September 12th - Dec 19th

**Day(s):** Tuesdays and Thursday

**Time:** 8:30am-12:00pm

**Location:** Hasty Gymnasium

**Cost:** \$2 Auburn resident, \$3 Non-Auburn resident (Punch Passes Available)

**Coordinator:** Mike Muise

## Yoga

Join this gentle Yoga class to either learn or continue to learn about the art of yoga. Focusing on stretching and controlled breathing this yoga class can offer something for all ability levels.

**Day(s):** Thursdays

**Time:** 6:00pm-7:00pm (Additional days and times possible with enough interest)

**Location:** Rec Room at Hasty Community Center

**Cost:** \$5 Auburn residents, \$7 Non-residents Age: 18+ (16+ with parent consent)

**Coordinator:** Mike Muise

**Instructor:** Emma Samson



# AGE-FRIENDLY PROGRAMMING

## FOR 50+

### Maine State Museum

Whether you have lived in Maine your whole life or you are new to the area, there is still plenty to learn about our great state. We will get a guided tour of the museum to help us learn about the history of our state and direct us to some of the many exhibits that might interest us to learn more.

Following the tour, we will get lunch at the famous Red Barn in Augusta. *Minimum 6/Maximum 12*

**Date:** Thursday, September 12th

Lunch at The Red Barn (on your own)

**Time:** 8:00am-3:00pm

**Cost:** \$7 residents, \$9 non-residents (includes admission and tour of museum, lunch on your own)

**Coordinators:** Mike Muise & Jamie Longley

### Apple Picking at Ricker Hill

Slightly off the beaten path, Ricker Hill Orchards has so much to offer that it makes going out of the way well worth it. We will be enjoying some apple picking followed by a guided tour of the apple sorting and processing facility. Afterwards, you can purchase some of their homemade goodies as well as their selection of regular and hard ciders in their tasting room.

*Minimum 6/Maximum 12*

**Date:** Thursday, September 19<sup>th</sup>

**Time:** 9:00am-2:00pm

**Cost:** \$8 residents, \$10 non-residents (includes guided tour and small bag of apples)

**Coordinators:** Mike Muise & Jamie Longley

### North Conway Shopping and Leaf Peeping

Let's take a ride to North Conway, NH for a shopping trip at their outlets and visit some unique stores. Along the way we'll take in a gorgeous array of fall foliage and enjoy lunch at a local restaurant. *Minimum 6/ Maximum 14*

**Date:** Thursday, October 10<sup>th</sup>

**Time:** 8:30am-4:30pm

**Cost:** \$6 residents, \$8 non-residents (Lunch on your own)

**Coordinators:** Mike Muise & Jamie Longley

### Wolfe Neck Farms History Hay Wagon Tour

Wolfe Neck Farms in Freeport has an interesting history of how the farm came to be. On this trip we'll take a guided tour of the farm aboard a hay wagon and travel through time as we hear tales of the ship captains, fishermen, farmers, teachers, and homemakers who have lived there. Afterward, we will visit areas of the farm including the garden and dairy barn. All this exploring is sure to work up an appetite, so we head over to Buck's Naked BBQ for lunch. *Minimum 10/Maximum 14*

**Date:** Thursday, October 24th

**Time:** 9:00am-2:30pm

**Cost:** \$18 residents, \$20 non-residents (includes farm tour, lunch on your own)

**Coordinators:** Mike Muise & Jamie Longley

### Freeport Shopping and Movie Shuttle

This fall we'll be taking you to Freeport for a little shopping. You can simply shop and dine in Freeport for the whole day or attend a movie at Nordica Theater. Movie titles will be available one week prior to the trip. *Minimum 4/Maximum 14*

**Date:** Tuesdays, October 8th and November 19th

**Time:** 9:00am-3:00pm

**Cost:** \$5 residents, \$7 non-residents (includes shuttle to Freeport, you pay \$6 for movie ticket at theatre)

**Coordinators:** Mike Muise & Jamie Longley

### Portland Maine Shopping Trip

It's time to start thinking about holiday shopping! On this trip we will head to Portland to visit The Christmas Tree Shop and The Maine Mall. We'll also have lunch at The Olive Garden and enjoy their famous salad and breadsticks. *Minimum 6/Maximum 14*

**Date:** Thursday, November 7th

**Time:** 8:00am-2:00pm

**Cost:** \$8 residents, \$10 non-residents (lunch own your own)

**Coordinators:** Mike Muise & Jamie Longley

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Office Hours 8:00am to 4:30pm

# AGE-FRIENDLY PROGRAMMING

## FOR 50+

### Gardens Aglow

If you aren't in the holiday spirit by now, this will get you there. Let's get in the spirit together by seeing the breathtaking views of the Boothbay Botanical Gardens while they are beautifully decorated in millions of Christmas lights. We will take a ride up to Boothbay to see this wonderfully reviewed display, enjoy some refreshments and explore the seaside town of Boothbay Harbor. Don't miss this chance to view this display in the short holiday season. *Minimum 10/Maximum 24*

**Date:** Thursday, December 5th

**Time:** 4:00pm-9:30pm

**Cost:** \$18 residents, \$20 non-residents (includes transportation and admission)

**Coordinators:** Mike Muise & Jamie Longley

### Northern Lights at L.L. Bean

Let's take a ride to Freeport to do some holiday shopping and take in the sights of L.L. Bean's Northern Lights event.



We will take you right to the entrance of L.L. Bean to drop you off and let you take it all in. You will see the heart of Freeport completely decorated for the holiday season. Take a walk through their warming hut and tree display. Maybe take a few pictures (Santa and his Reindeer might even be there). Then enjoy the various outlet stores and L.L. Bean so you can finish your holiday

shopping. *Minimum 6/Maximum 14*

**Date:** Thursday, December 19th

**Time:** 2:00pm-8:00pm

**Cost:** \$5 residents, \$7 non-residents

**Coordinators:** Mike Muise & Jamie Longley

### L.L. Bean Discovery School Snowshoeing Trip

This snowshoeing adventure is for new and experienced snowshoers alike. Staff from Auburn Recreation will transport you to L.L. Bean in Freeport where you will be whisked away to a sparkling winter wonderland. Experienced L.L. Bean instructors will show you the basics of this low impact sport, and will take you on a guided trek, pointing out plants and wildlife along the way. All necessary snowshoeing equipment will be provided. *Minimum 6/Maximum 13*

**Date:** January Date TBD

**Cost:** \$30 residents, \$35 non-residents

**Coordinators:** Mike Muise & Jamie Longley

### Tap, Tap, Jazz at The Maine State Ballet

Beat those winter blues with a lively Broadway style song and dance show at the Maine State Ballet in Falmouth. This show is fun for all ages so invite your friends and family. *Minimum 6/Maximum 12*

**Date:** Saturday, January 25th

**Time:** 2:30pm-6:30pm

**Cost:** \$20 residents, \$22 non-residents

**Coordinators:** Mike Muise & Jamie Longley

### Maine Nature Walks

This fall, we'll continue to get out and enjoy many of Maine's hidden treasures. These walks/hikes will be easy to moderate, and trail lengths run between 2-3 miles. Bring your friends and a bagged lunch for this adventure. *Minimum 4/Maximum 12*

### Lisbon Walking Path

**Date:** Tuesday, September 17<sup>th</sup>

**Time:** 8:30am-2:00pm

**Cost:** \$3 residents, \$5 non-residents

### Bradbury Mountain

**Date:** Tuesday, October 15<sup>th</sup>

**Time:** 8:30am-2:00pm

**Cost:** \$3 residents, \$5 non-residents

### Pineland Farms

**Date:** Tuesday, November 12<sup>th</sup>

**Time:** 8:30am-2:00pm

**Cost:** \$5 residents, \$7 non-residents

# AGE-FRIENDLY PROGRAMMING

## FOR 50+

### Healthy Living for ME with SeniorsPlus

We are very excited to welcome the educators from SeniorsPlus to offer programs at the Auburn Senior Community Center! This fall and winter they'll be offering Matter of Balance, Living Well with Diabetes, and Living well with Chronic Pain workshops. *Minimum 10/Maximum 20*

#### Matter of Balance

**Dates:** Tuesdays, September 10 – October 29

**Time:** 9:00-11:00am

**Cost:** FREE

#### Living Well with Diabetes

**Dates:** Tuesdays, November 19 - December 31

(6-week series, no class Christmas Eve)

**Time:** 9:00-11:30am

**Cost:** FREE

#### Living Well with Chronic Pain

**Dates:** Tuesdays, March 3 - April 7

(6-week series)

**Time:** 9:00-11:30am

**Cost:** FREE

**Coordinators:** Mike Muise & Jamie Longley

### Kindness Rocks: Rock Painting Class

Join the Kindness Rocks movement in this one day workshop. Learn to paint flowers, inspirational mottos and much more to keep, share or leave in your community for another resident to find! Auburn Parks and the Auburn Public Library are great locations to hide your rock for your neighbor to discover. No artistic experience required. Materials will be provided.

**Date:** Thursday, November 14

**Time:** 10:00am-11:30am

**Cost:** \$10 residents,  
\$12 non-residents

**Location:** Senior Center

**Coordinator:** Haley Warden



### Maine Fairs Shuttle

Mark your calendars for these popular Maine Fairs! We are going to visit some of your favorite agricultural fairs to see live animals, tractor pulls, horse races, amazing entertainment, arts and crafts vendors, and try lots of delicious food! We will provide transportation and parking and you will pay any applicable entrance fee. *Minimum 6/Maximum 24*

#### Cumberland Fair

**Date:** Thursday, September 26th

**Time:** 8:30am - 4:30pm

**Cost:** \$5 residents, \$7 non-residents per trip

#### Fryeburg Fair

**Date:** Tuesday, October 1st

**Time:** 8:00am - 4:30pm

**Cost:** \$5 residents, \$7 non-residents per trip

**Coordinators:** Mike Muise & Jamie Longley

### Diabetes Awareness Workshop



**SAVE the DATE**

**THURSDAY**

**November 14th, 2019**

**3:00pm - 7:00pm**

Hasty Community Center  
48 Pettingill Park, Auburn ME



## 2019 WORLD DIABETES DAY

Join the Auburn Recreation Department for a one day workshop to raise diabetes awareness in our community.

Visit vendor booths, hear from guest speakers and tryout activities offered by the Rec Department.

**Free all ages event!**

### Upcoming Winter Programming

Starting in the new year, we'll have even more to offer in the Auburn Senior Community Center including:

- ◆ Senior Fitness Classes
- ◆ Senior Dance Class
- ◆ Grandparent & Me Series
- ◆ Cooking Classes
- ◆ Senior Drop-ins
- ◆ Lunch and Learns

# THANK YOU

## Sponsors, Coaches, & Volunteers

Nothing is possible without you.

### Lacrosse

- ◆ George Romano
- ◆ Scott Emery
- ◆ Sean Crothers
- ◆ Parent Volunteers

### Summer Track & Field

- ◆ Angie Jalbert
- ◆ Tammy Rodrigue
- ◆ Junior Coaches
- ◆ Parent Volunteers

### Auburn Invaders Coaches

- ◆ Jess Morin
- ◆ Alyssa Morin
- ◆ Dave Simpson
- ◆ Bob Coleman
- ◆ Kim Jalbert
- ◆ Mary Colette

### Summer Program Staff

- ◆ Summer Camp Directors
- ◆ Summer Counselors
- ◆ Summer Cheer/Tumbling Coaches

### Volunteers

- ◆ Summer Festival Staff
- ◆ Balloon Festival Helpers

### Adult Basketball Sponsors

- ◆ PDL Construction
- ◆ Laird's HVAC

### Sponsors

- ◆ Exchange Club - Fishing Derby
- ◆ Dag's Bait Shop - Fishing Derby
- ◆ Craft Cars - Lacrosse
- ◆ RBD Construction, Inc. - Fall FB Contest

### Auburn Invaders Sponsors

- ◆ KFC Center St. Auburn
- ◆ Electrical Solutions, Inc.
- ◆ Lewiston PAL
- ◆ Agren Appliance
- ◆ Lake City

# Congratulations

## to our Fall Facebook Contest winner!

### Car Maintenance for Teens

More details to come on this exciting new program which was suggested from one of our very own Facebook friends! Thank you to everyone who participated in the contest and to our sponsors, RDB Construction, Inc.



# FAMILY PROGRAMMING

## Fright Festival at Hasty Community Center

Join us for our annual Fright Festival! This free event gives the community a chance to have spooky and safe fun for all ages (Pre-K-6th). There will be carnival styled games, bounce house fun, and sweets galore! If you are a local business and would like to donate to help us fund this amazing event, please contact Dawna at the Rec- [ddaigle@auburnmaine.gov](mailto:ddaigle@auburnmaine.gov)



**Date:** October 25th

**Time:** 6:00 - 8:00PM

**Ages:** Pre-K to 6th Grade

**Cost:** Free For Everyone!



## 2019 Art Walk

L/A Arts partners with the local community to coordinate this monthly summer event that fosters a sense of community and celebrates the vitality of the Lewiston and Auburn downtowns. The event...

- ◆ Converts over 30 downtown LA businesses & storefronts into public arts spaces
- ◆ Includes galleries, exhibitions, and special performances
- ◆ Brings thousands of people each summer to LA downtowns

**Dates:** Final Friday of the month through October

**Time:** 5:00 - 8:00 PM

## Auburn Farmer's Market

Come join local farmer's as they showcase locally grown and sold fruits, veggies, meats, eggs, crafts, hand cut flowers, and more! Debit, Credit Cards, and EBT Cards are accepted as well as Maine Harvest Bucks and a \$5 OFF Senior Coupons.

**Dates:** Every Wednesday (until Sept. 25th)

**Time:** 4:00-7:00 PM

**Location:** Across the street from Festival Plaza on Main St. in Auburn



# Celebrate Auburn's 150 Years

## UPCOMING COMMUNITY EVENTS

### Healthy Auburn Month: September 2019

September is the perfect month to kick off the Healthy Auburn initiative in collaboration with Auburn's 150<sup>th</sup> Celebration. Throughout the month of September there will be;

- ◆ Daily Tip Calendar
- ◆ Weekly Receipts
- ◆ Mountain Bike Clinic at Mt. Apatite
- ◆ Walking the Ward Series with your Councilors
- ◆ And so much more!



### Riverwalk Blues and Brews Festival

Join us during Dempsey Weekend for the 2<sup>nd</sup> Riverwalk Blues Festival in Festival Plaza from 4:00 - 8:00pm on Saturday September 28<sup>th</sup>. Enjoy a variety of Blues Bands while enjoying a Brew from the Gritty's Brew Garden.

**Date:** September, 28th 2019

**Time:** 4:00 - 8:00 PM

**Location:** Festival Plaza



*For more information visit [www.auburn150.com](http://www.auburn150.com)*



# Celebrate Auburn's 150 Years

## UPCOMING COMMUNITY EVENTS



### Come Home, Auburn! Alumni Weekend

#### Friday, November 1st:

**7:00PM** The "Battle of the Bridge" Edward Little High School vs. Lewiston High School Football game at Walton Field.

#### Saturday, November 2nd:

Various alumni games and gatherings throughout the day, including a ceremony for the unveiling of the Bell Tower in Anniversary Park.

**5:00 PM - 11:00 PM** Huge alumni reunion at Lost Valley.

#### Friday, November 1st:

**9:00AM - 1:00PM** Family Fun Day at Edward Little High School, complete with a Family 5k and Kids Zone, as well as tours and presentations on the new Edward Little High School project.

All alumni of Edward Little High School are warmly invited home to Auburn for this once-in-a-lifetime celebration. The 150th committee is seeking assistance with this signature event.

ELHS Class Officers and/or anyone wishing to volunteer should email:

[auburn150@auburnmaine.gov](mailto:auburn150@auburnmaine.gov) or visit [www.auburn150.com](http://www.auburn150.com) to complete the volunteer form.

### Annual Holiday Parade and Tree Lighting

What better way to kick off the Holiday Celebration than with a Parade and Tree Lighting! The Lewiston-Auburn Holiday Parade and Tree Lighting event is the perfect way to get into the holiday spirit while you enjoy a cup of hot cocoa, horse drawn carriage rides, music, and Santa himself!

**New Date:** Friday, December 6th

**Cost: FREE!!!**

#### Parade Details:

Parade starts in Lewiston at 6pm, travels from Kennedy Park in Lewiston, down Lisbon Street, cross into New Auburn and down Main Street Auburn ending at Festival Plaza.

Tree Lighting in Festival Plaza and pictures with Santa will start when the parade ends and Santa arrives in Festival Plaza (approx.. 7:15-8:15pm). Sleigh Rides, Hot Coco, Free Mittens, and more will be going on in Festival Plaza while we wait for the parade to arrive.



# Celebrate Auburn's 150 Years

## UPCOMING COMMUNITY EVENTS

### New Years Auburn 2020



The Final Party Celebrating Auburn's 150 years of being a city will be held on New Years Eve in the Festival Plaza area. This adult oriented event will include Live Bands, Beer Tent, Food Trucks, and Fireworks!

**Date:** Monday, December 31st

**Time:** 6:00 PM - 1:00 AM

**Location:** Festival Plaza and Main Street

**Cost:** Free For Everyone!

Look for more Information at [www.Auburn150.com](http://www.Auburn150.com)

## Keep an eye out for these upcoming events!

- Winterfest 2020
- Salsa in the Plaza Spring 2020
- Maine Bicentennial Parade May 16 2020
- Art in the Park 2020
- Summer Camp 2020





## Twin City Thunder

The Twin City Thunder recruit talented junior hockey players who show great potential to play at the college level. The Thunder play as a proud member of the USPHL (United States Premier Hockey League) part of the Tier III Junior hockey ranks. Founded in 2012, the USPHL has grown to over 60 organizations from across the United States fielding teams in Premier, Elite, EHF, 18U, 16U, 15U, and High Performance youth divisions. Come see the future of the NHL and College hockey today!

### Games:

NCDC Home Opener:

Saturday, September 28th @ 7:00pm

Premier Home Opener:

Friday, September 20th @ 7:00pm

**Birthday parties at the arena!  
Contact Rory Mushlin for details!**

[rmushlin@auburnmaine.gov](mailto:rmushlin@auburnmaine.gov)

207-333-6688 Option 4

## DJ Skate Night Friday's! Featuring DJ Greg Young



Norway Savings Bank Arena is turning it up on Friday Night's beginning on Oct 4th with Rock'n Skate Friday's! From 6:30-8:30 we're going to turn out the lights and blast the night away with all your favorite tunes. Enjoy our improved light show with

moving lights and DJ Greg Young as he takes your favorite requests every Friday night from October through February. We cannot wait!

**Dates:** Fridays, October - February

**Time:** 6:30 PM - 8:30 PM

**Cost:** \$10.00 Per Person , Skates Included

## Public Skating

### When? Weekly!!

- ◆ Monday, Wednesday, & Fridays: 11:00am - 1:00pm
- ◆ Sunday: 3:10pm - 4:40pm

**Cost:** \$5.00 Per Person

**Skate Rentals:** \$5.00



# A BIRTHDAY IS A GREAT DAY TO COME INSIDE AND PLAY!

## Host your next birthday event at Ingersoll!

**Basic Birthday Package: \$145**

2 hour rental; 1 hour on-field, 1 hour off-field; bring your own refreshments

**Premium Birthday Package: \$250**

2 hour rental with bounce house from **Big Time Bounce & Party Rentals**;  
1 hour on-field, 1 hour off-field; bring your own refreshments

Inflatable upgrades and batting cages available, fees apply.



Now available from our friends at  
**Top It Frozen Dessert Bar:**

1 hour Frozen Yogurt Cart Rental.  
Self-serve toppings, dairy- and  
gluten-free flavor options.  
\$30 plus \$3 x number of guests/cups.

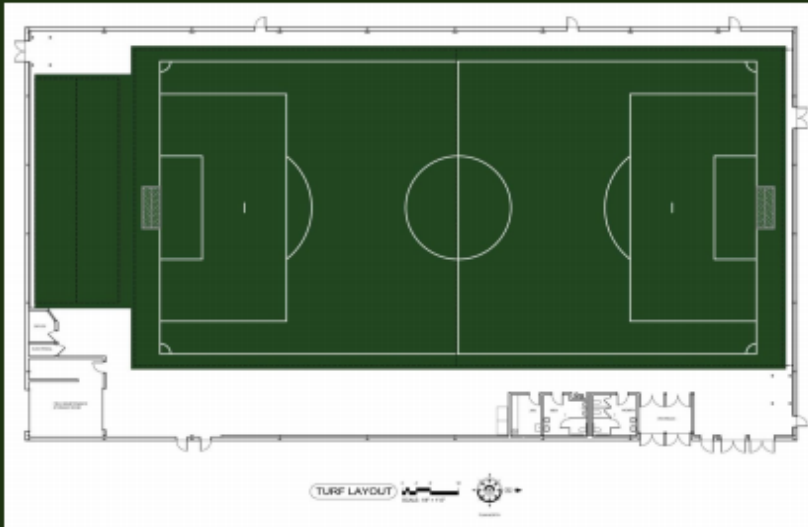
For details/reservations, contact:  
**Jeremy Gatcomb, General Manager**  
207.333.6601 X2100  
JGatcomb@auburnmaine.gov

# Ingersoll Turf Facility

[www.IngersollTurfFacility.com](http://www.IngersollTurfFacility.com)

*Come inside and play!*

## Rate Information



The Ingersoll Turf Facility features approximately 20,000 sq feet of in-filled turf surface along with two baseball/softball batting cages. The main field surface dimensions are 94 feet wide by 186 long, providing ample space for practice, training, and nearly any activity that is traditionally done outdoors.

Our competitive rates make this space accessible to nearly every team, organization, and user group across Central and Southern Maine!

**Consider Ingersoll Turf Facility** for your recreational needs.

### Peak Season | October - April

Prime Time (Full Field)	\$165
Non-Prime Time (Full Field)	\$120
Prime Time (Half Field)	\$110
Non-Prime Time (Half Field)	\$80
Batting Cage (no machine)	\$35
Batting Cage (with machine)	\$45

*Hourly rates*

### Non-Peak Season | May - September

Prime Time (Full Field)	\$110
Non-Prime Time (Full Field)	\$80
Prime Time (Half Field)	\$75
Non-Prime Time (Half Field)	\$55
Batting Cage (no machine)	\$25
Batting Cage (with machine)	\$30

*Hourly rates*



[WWW.INGERSOLLTURFFACILITY.COM](http://WWW.INGERSOLLTURFFACILITY.COM) | "Like" us on facebook: Ingersoll Arena Turf Facility

# Auburn Recreation Department

## Program Registration Form

To Register Online please visit: [www.auburnrecreation.com](http://www.auburnrecreation.com)

For questions please contact us at: (207) 333-6611 or email [auburnrec@auburnmaine.gov](mailto:auburnrec@auburnmaine.gov)

### Participant Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-Mail (For Receipt): \_\_\_\_\_

### Program Information

Program Title: \_\_\_\_\_

Registration Amount: \_\_\_\_\_ Day/Session: \_\_\_\_\_

### Program Information

Program Title: \_\_\_\_\_

Registration Amount: \_\_\_\_\_ Day/Session: \_\_\_\_\_

### Program Information

Program Title: \_\_\_\_\_

Registration Amount: \_\_\_\_\_ Day/Session: \_\_\_\_\_

### Payment Information

I authorize Auburn Recreation to process my payment for the amount of: \$ \_\_\_\_\_

Payment Type: Cash    Debit/Credit    Check (payable to the City of Auburn (Check Number: \_\_\_\_\_))

Card Type:            Visa            Master Card            Discover

Name on Card: \_\_\_\_\_

Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Signature: \_\_\_\_\_